

CYRIL PERSONNIER

DIV RANK: 79 OVERALL RANK: 580

GENERAL INFO

BIB	1242
Division	M35-39
State	DIJON
Country	FRA
Profession	

RACE SUMMARY

Swim:	33:54
Bike	2:47:54
Run	1:54:18
Overall	5:24:40

SWIM DETAILS | Division Rank: 86

SPLIT NAME	DISTANCE	SPLIT TIME	RACE TIME	PACE	DIVISION RANK	GENDER RANK	OVERALL RANK
Total	1.9 km	33:54	33:54	1:47/100m	86	550	612

BIKE DETAILS | Division Rank: 67

SPLIT NAME	DISTANCE	SPLIT TIME	RACE TIME	PACE	DIVISION RANK	GENDER RANK	OVERALL RANK
30,8 km	30,8 km	1:02:18	1:41:45	29,66 km/h			
57,5 km	26,7 km	46:32	2:28:17	34,43 km/h			
90 km	32,5 km	59:04	3:27:21	33,01 km/h			
Total	90 km	2:47:54	3:27:21	32.16 km/h	67	465	493

RUN DETAILS | Division Rank: 79

SPLIT NAME	DISTANCE	SPLIT TIME	RACE TIME	PACE	DIVISION RANK	GENDER RANK	OVERALL RANK
2,5 km	2,5 km	12:38	3:43:00	5:03/km			
5,3 km	2,8 km	13:06	3:56:06	4:40/km			
7,8 km	2,5 km	13:03	4:09:09	5:13/km			
10,6 km	2,8 km	14:07	4:23:16	5:02/km			
13,1 km	2,5 km	14:11	4:37:27	5:40/km			
15,9 km	2,8 km	14:59	4:52:26	5:21/km			
18,4 km	2,5 km	15:20	5:07:46	6:08/km			
21,1 km	2,7 km	16:54	5:24:40	6:15/km			
Total	21.1 km	1:54:18	5:24:40	5:25/km	79	543	580

Transition Details

T1: Swim-to-bike	5:33
T2: Bike-to-run	3:01